

RETIRE VITALLY – INVITATION

Conference 24 JANUARY 2019

Zeist, the Netherlands

An ageing population means an ageing workforce. This brings specific challenges for health organizations and their professionals. Our fast growing segment has a large share in problems related to vitality and employability, as well as sick leave and incapacitation. This has a personal impact first of all, but brings also a substantial and multiple societal burden. Due to the same factor ageing, especially for the healthcare sector this is an increasing burden.

For professionals, employers, the health care system and also for pension funds or insurers, this comes with increasing costs. There is a rationale to prevent this negative trend as much as we can. All stakeholders above have a common interest and the consequences of inaction for all of them – in fact all of us – are huge.

AEIP, Tela, PFZW and PGGM are convinced that combining forces is crucial for improvement. In our view, this starts with insight and sharing good practices. To find each other and collaborate for solutions will then be the next step. This is the reason why we organize Retire Vitally.

We invite you to join this inspiring conference and learn about the current situation and near future, the social and economic consequences of inaction, but also about proven solutions, best practices and connect this to the EU-policy context. Next to share the urgency it is also necessary to share these good examples. **Therefor we've put nine international great examples as the core of our conference!** Examples from Denmark, EU, Finland, France, Italy and The Netherlands. You can find these workshops in this invitation. To learn from each other is very important!!

To participate please use this link: [Application Retire Vitally](#). If you have any questions, please feel free to contact us frido.kraanen@pggm.nl

We look forward to meeting you in Zeist!



RETIRE VITALLY - PROGRAM Conference 24 JANUARY 2019

Zeist*, the Netherlands

12:00	Welcome lunch in central hall
12:50	Transfer to the auditorium
13:00	Welcome by chair Frido Kraanen (PGGM)
13:05	Opening words on behalf of hosts PFZW
13:15	Opening words hosts TELA and Humanis Suvi-Anne Siimes (TELA) and Bruno Gabellieri (AEIP)
13:25	Results on EU-OSHA campaign Healthy workplaces for all ages & economic aspects on prevention/benefits for society by Dr. Dietmar Elsler (EU-OSHA)
13:50	Setting the scene and call to action Paul ter Wal (ANDARE)
14:15	Q&A with speakers and hosts
14:40	Workshop carrousel instructions
14:45	Coffee break and transfer to workshops
15:00	Workshop carrousel - first round
15:40	Transfer to second workshop
15:50	Workshop carrousel - second round
16:25	Transfer to auditorium
16:30	Workshops Highlights
16.40	Jacques-Antoine Philippe , Colville Capital Partners
16:50	Reflections: Suvi-Anne Siimes (TELA) and Bruno Gabellieri (AEIP)
17:15	Drinks in central hall

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Workshops: NINE times GREAT practices to LEARN from

Workshop 1: ‘Semco Style Healthcare’ by Joris Kuppens (Progressional People) - NL

Joris is an inspiring young speaker connected to Ricardo Semler and the Dutch affiliate of his institute. His workshop will be on Semco Style Healthcare, his view on the effects of autonomy for vitality and employability and his experience with effectively implementing selfmanagement in healthcare organizations.

Workshop 2: ‘Work-Life Management’ by Ute Meyenberg (Eurocadres) - EU

Ute will tell us about the project ‘Work-Life Management and CSR’ in the finance sector: a training path to incentivize the social dialogue at company and European level. This program focuses on professionals and managers. The Italian trade union FIRST-CISL launched a project, in January 2017, to explore how to intensify social dialogue in order to improve quality within the work environment.

Workshop 3: ‘Creating critical conditions’ by Wendy Koolhaas (ZorgpleinNoord) - NL

In her doctoral research as a sociologist, Wendy extensively analysed development, implementation and effectiveness of interventions to increase sustainable employability. The dialogue with professionals – a tailored approach with individual adjustments - appears to be key in overcoming health related obstacles. Nowadays, Wendy brings this into practice in healthcare organizations. She perceived that any effective dialogue has to be founded on a consistent set of critical conditions.

Workshop 4: ‘Return-to-work programs Finnish style’ by Seppo Kettunen (Ilmarinen) - FI

MD Seppo Kettunen presents the practice of return- to-work programs in the Finnish model. Seppo works as an adjunct chief physician at Ilmarinen Mutual Pension Insurance Company. He will reveal to us how return-to-work programs are designed and how they work in practice. Also you will learn about the results of these programs and how they are continuously developed and improved.

Workshop 5: ‘Addressing and facilitating later retirement’ by Britt Brandum (PKA) - DK

Britt will present how joint efforts, from public regulation to general agreements between the Social Partners over flexible pension products and a change of counselling have facilitated this development. Britt will also give her view on the challenges to come.

Workshop 6: ‘Healthy Society’ by Brigit Heemskerk (Healthy Society) - NL

As a former manager en director in healthcare Brigit will be presenting a Stanford-based approach for employees who have a long-term illness or have long-term health problems. The approach is focusing on knowledge promotion, practice health skills and social support of a group. The power of the approach is that it support self-management for employees and it offers the possibility for an organization to set up their own support structure through a train the trainers spread model. During the workshop you will acquaint what the approach is and you will be challenged to think about sustainable employability from a co-creating point of view.

Workshop 7: ‘Aging prevention centers and further initiatives targeting active employees in France’ by Cécile Vokleber (Agirc-Arrco) – FR

Cecile will present how the Pension network of Agirc-Arrco, at the request of the French social partners, conducts and evaluates several experiments aimed at maintaining employment and returning at work. Employment spaces, prevention centers, as well as “club houses” inspired by the New York Fountain House (mental health), are some of the initiatives carried out in partnership with various public actors.

Workshop 8: 'eHealth & prevention programs' by Dejan Malesic (Previmedical) – IT

Dejan Malesic is Head of Business Development for Previmedical/Previnet, leading Italian based TPA for healthcare, pensions and insurance service. Dejan will share with us how technological solutions (eHealth) can help addressing prevention matters. Two events that can lead to a bold transformation of the prevention process: the availability of large range of affordable medical IoT devices and range of technologies & methodologies of telemedicine including the Artificial Intelligence.

Workshop 9: Topic tbc by Christophe Launay (PSYA) – FR

e-counselling Best practices for individuals close to retirement – Chris Launay (Psya) – France/Spain
E-counselling includes online and on-demand supports to a person close to retirement and in an early-stage of retirement. Chris, as head of International development, explains common psychosocial risks involved and provide best practices in France and Spain to prepare the person for this new stage of life: face any stop of activity, prevent social isolation, manage the new financial reality, build a new family relationship.

YOU CAN CHOOSE AT REGISTRATION TWO OF THE WORKSHOPS FOR THE TWO ROUNDS

* Zeist is a municipality in the centre of The Netherlands, east of the city of Utrecht. It is little over an hour from Schiphol airport with train and bus. Use google maps for your best direction to PGGM (address **Noordweg-noord 150 in Zeist**)

In the registration form you can also request for a hotel proposal near the venue.